

Bailey's Court Primary School

Breaches Gate, Bradley Stoke, Bristol BS32 8AZ

SUNCREAM POLICY

Issue 1

September 2026

Approved by:

Head Teacher

Authorised by:

Chair of Governing Body Bailey's Court
Primary School

Review Date: September 2027

Bailey Bird Nursery

Sun Cream & Sun Safety Policy

1. Summary

This policy outlines the procedures used to promote Sun safety and the practices in place to reduce the risk of children burning, getting overhot or becoming ill.

At Bailey Bird Nursery, we recognise the importance of protecting children's skin from the harmful effects of the sun. Young children have delicate skin that can burn easily, and we are committed to ensuring that all children can enjoy outdoor play safely during warmer weather.

This policy outlines the procedures we follow to minimise the risk of sunburn, overheating, and dehydration while children are in our care.

2. Our Commitment to Sun Safety

We will:

- Encourage safe outdoor play while promoting good sun safety habits.
- Provide shaded areas wherever possible.
- Ensure children have regular access to drinking water.
- Support children in learning how to care for themselves in sunny weather.
- Work in partnership with families to ensure children are appropriately protected.

3. Sun Cream Procedures

Parent Responsibilities

Parents/carers are asked to:

- Apply a long-lasting sun cream to their child before arriving at nursery on sunny days.
- Provide a named bottle of sun cream for their child if reapplication is required during the day.
- Complete a consent form allowing staff to apply sun cream.
- Inform nursery staff of any allergies or skin sensitivities.

We recommend a minimum SPF 30 sun cream with UVA protection.

Nursery Responsibilities

Staff will:

- Support children to apply their own sun cream where appropriate, encouraging independence.
- Apply or supervise the application of sun cream before outdoor play when needed.
- Ensure sun cream is applied to exposed skin including arms, legs, face, neck and ears.
- Follow hygiene procedures, including washing hands before and after application.
- Store sun cream safely and ensure all bottles are clearly labelled with the child's name.

Where a child does not have their own sun cream, nursery may use a nursery-provided sun cream unless parents have requested otherwise.

4. Clothing & Sun Hats

Children should attend nursery dressed appropriately for warm weather.

We encourage:

- Lightweight, loose-fitting clothing that covers shoulders where possible.
- Suitable footwear for outdoor play.
- A named sun hat with a brim or neck covering.

If a child does not have a hat, outdoor play may be limited during periods of strong sunshine.

5. Outdoor Play & Shade

During hot weather, staff will:

- Make use of shaded outdoor areas.
- Limit prolonged exposure to direct sunlight, particularly between 11am and 3pm.
- Adapt activities according to the temperature and UV levels.
- Encourage quieter activities during the hottest parts of the day.

Outdoor learning remains an important part of nursery life and every effort will be made to ensure children can continue to access outdoor provision safely.

6. Hydration

Children will have constant access to fresh drinking water throughout the day.

Staff will:

- Encourage children to drink water regularly.
- Monitor children for signs of dehydration or overheating.
- Offer additional water play and cooling activities in warm weather.

7. Medical & Allergy Considerations

Any child with skin conditions, allergies, or medical needs relating to sun exposure will have individual requirements discussed and agreed with parents/carers.

Staff will follow any medical guidance provided.

8. Illness & Heat Concerns

Staff will monitor children closely for signs of heat-related illness, including:

- Flushed skin
- Headache
- Excessive tiredness
- Dizziness
- Nausea
- Unusual irritability

If a child becomes unwell due to heat exposure, parents/carers will be contacted immediately and appropriate first aid procedures followed.

9. Policy Review

This policy will be reviewed annually or sooner if guidance changes.